# CRITICAL ANALYSIS AND SELF-REFLECTION PROJECT:

# Personality Type Analysis

Directions

1. Complete the personality test (takes 12 minutes or less) at 16personalities.com
2. Take a photo/screenshot of your *entire* screen, including the results from your personality test. Upload to Canvas.
3. Complete the following analysis questions and then upload to Canvas.

Assignment Objective

* learn how intrapersonal communication affects everyday interactions and is reflected in personality type
* develop a better understanding of interpersonal and group communication and conflict relevant to personality type

# What is the name of your personality type? (Ex: PROTAGONIST PERSONALITY (ENFJ, -A/-T))

**Response to Results (4-6 sentences)**

1. What surprised you the most about your results? Why?
2. What part of the results do you disagree with/feel is not an entirely accurate reflection of who you are as a person? Why?

**Workplace Conflict Scenario (5-7 sentences)**

On your results page, select the tab that says "Workplace Habits" and read the entire description.

1. Define *procedural conflict* (p. 271).
2. Give an example of a *procedural conflict* that might arise when you're working with others in your field. (Be specific in regards to your area of work, ex: nursing, accounting, teaching, etc.).
3. How might someone with your personality type respond to that particular conflict you just described? Justify your answer using the results from your test.

**Tips for Workplace Conflict (5-7 sentences)**

* According to Chapter 11, (especially pages 281-282), what tips can help you to manage conflict in the workplace, relevant to your specific personality type? Justify your answer.