

**WALLACE COMMUNITY COLLEGE SELMA  
ASSOCIATE DEGREE NURSING PROGRAM  
NURSING 202 - NURSING THROUGH THE LIFESPAN II  
CLINICAL OBJECTIVES – NURSERY ROTATION**

**PURPOSE:** Utilize the nursing process to formulate and maintain individualized care of a well or sick newborn in the nursery setting, integrating the roles of the Associate Degree Nurse as a part of the newborn's care. Emphasis will be placed on assessment and teaching during this experience.

**Lettering Code:**        **Bold plain lettering indicates SimChart documentation**  
                              **Bold italicized lettering indicates core competencies.**  
                              **Italicized lettering indicates threads of the curriculum.**

**OBJECTIVES:**        During the clinical experience the student will:

- I. Assess a given newborn as evidence by:
  - A. Using all available data for newborn care planning (Chart/Kardex review, inter- view, Textbook/OB Clinical Manuel review, videos, etc.)

***Informatics***
  - B. Recording data obtained from chart, interview and physical exams in each area of the **SimChart- My Clinicals- Women's Health Record** to include:
    1. **Admission History:**
      - A. Complete SIM History including: (*Lifespan*)
        1. Obstetric History
        2. History of Current Pregnancy
        3. Previous Pregnancy
      - B. Complete Under Special Charts  
Delivery Room Record
        1. Delivery
        2. Duration of Labor
        3. Initial Care of Newborn
        4. Resuscitation
    2. **System Assessment:** Perform a physical assessment on assigned infant in a timely manner, at appropriate intervals and record the following data under Special Charts in the SIM Newborn Assessment:
      - a. General assessment (Newborn admission data)
      - b. Gestational age (Ballard Maturational Assessment of Gestational Age)
      - c. Nutrition/elimination in Delivery Room
      - d. Integumentary
      - e. General activity
      - f. Head and neck
      - g. Eyes
      - h. Chest/respiratory
      - i. Abdomen/gastrointestinal
      - j. Spine/neurological
      - k. Genitalia
      - l. Musculoskeletal
      - m. Reflexes

3. **Vital Signs:** Correctly obtaining at designated times and documenting in SIM chart:
    - a. Vital signs
    - b. Intake and output
    - c. Height and weight (Infant length, today's weight from Kardex, your measurements)
    - d. Blood glucose (all recorded tests, if applicable)
  4. **Patient Teaching:** Assess parental education needs. Documents on SimChart checklist. In addition, document exactly what was taught, in detail, very specifically, under additional comments for each of the following topics: (*Teaching learning*)
    - a. Feeding (*Nutrition*)
    - b. Use of bulb syringe
    - c. Temperature regulation
    - d. Circumcision care
    - e. Umbilical cord care
    - f. Car seat/transportation after discharge
  5. **SimChart-Preclinical Manager-Medications:** completing medication information and verbalizing when asked for the following: (*Pharmacology*)
    - a. Vitamin K/AquaMephyton
    - b. Erythromycin ophthalmic ointment
    - c. Hepatitis B vaccine
    - d. Ampicillin
    - e. Gentamycin
  6. Printing a copy of each drug in I.B.5 and submitting in preclinical conference.
  7. **SimChart-Preclinical Manager-Laboratory and Diagnostic Tests:** Name, date of test, definition and description, significance of the test for this infant and results
  - C. reporting abnormal findings of physical assessment to instructor immediately.
  - D. verbalizing correct ranges for newborn vital signs, when asked.
- II. Plan individualized care as evidenced by:
- a. verbalizing specific nursing observations/actions necessary in caring for assigned newborn during preclinical conference and during the clinical day.
  - b. utilizing classroom theory, knowledge and guidance from previous courses and/or clinicals in planning all procedures and care.
  - c. documenting a detailed time schedule reflecting anticipated nursing care for the day and submitting to instructor during pre-clinical conference.
  - d. writing four priority nursing diagnoses in correct format on an index card and submitting to instructor during pre-clinical conference.
  - e. verbalizing information prior to administering any medication including actions/uses, and side effects/nursing implications.
  - f. discussing all laboratory results with clinical instructor by 1PM except for the following:
    1. blood sugars as soon as results are available
    2. bilirubin as soon as results are available
    3. CBC, as soon as results are available
- III. Implement plan of care as evidenced by:
- A. Managing infant care with minimum assistance respective of parents values, preferences and expressed needs by:
1. successfully implementing all nursing care activities based on scientific rationale.
  2. prioritize care based on knowledge of pathophysiology (*critical thinking*) (*pathophysiology*).
  3. preventing excessive newborn heat loss at all times, and positioning infant correctly at all times.
  4. correctly teaching parent based on educational assessment. (*Nutrition*)
  5. initiating effective treatments to relieve pain and suffering
  6. maintaining proficiency in all domains of nursing care, utilizing previously

learned/demonstrated principles in theory and/or clinical.

7. during post-clinical conference, identifying tasks that could be delegated to the LPN and UAP  
(*Roles of the nurse*).

- B. demonstrating knowledge of intravenous therapy by:
1. priming the appropriate IV tubing for use.
  2. monitoring the IV infusion hourly and resetting the IV pump as needed with instructor present.
  3. recording hourly I & O on Nursery IV Sheet.

***Safety***

- C. correctly preparing and administering all medications.  
D. implementing safety and infection control measures.  
E. keeping the nursery environment clean and safe throughout the clinical experience.

***Team Work and Collaboration***

- F. communicating effectively by:
1. verbalizing newborn assessment findings accurately and concisely to the instructor.
  2. communicating essential client information to members of the health care team.
  3. utilizing appropriate/therapeutic communication techniques with client, support persons, staff, peers, and instructor.
  4. documenting on general nurse's notes located at bottom of **SimChart –Newborn Systems Assessment** accurately and concisely in the appropriate areas:
    - a. newborn assessment.
    - b. nursing interventions aimed at alleviation of the etiology of nursing diagnoses.
    - c. all health promotion teaching topics.
    - d. MD, pharmacy, lab & x-ray contacts
- G. reporting and initiating steps to implement doctor's orders.  
H. utilizing explanations, directions, and or supervision to function safely and effectively.  
I. Documenting end of shift summary on printed **SBAR** Handoff Report Form:  
S = Situation/Status  
B = Background  
A = Assessment  
R = Recommendation

- J. valuing teamwork by initiating collaboration and assistance with fellow students in delivering care.

***Quality Improvement***

- K. Identifies concerns related to potential risk for harm.

- IV. Evaluate as evidenced by:

- A. reporting and documenting in nurses notes the infant's response to treatment accurately and concisely  
B. reviewing clinical performance with instructor identifying measures to improve performance.  
C. submitting to instructor an accurately completed SBAR report form to review prior to giving staff report.  
D. identifying cultural, developmental, legal and safety issues relevant to the plan of care in post clinical conference. (*Cultural diversity*)  
E. evaluating client response using the **SimChart Patient Teaching** tab to document the teaching outcome.

***Professionalism***

- V. Assume professional responsibility and learning opportunities by:
- A. comply with the Code of Ethics, Standards of Practice, and policies and procedures of clinical agency. (*Legal/ ethical*)

- B. assume responsibility for learning
- C. maintaining professional behavior and appearance
- D. accepts constructive criticism and develops a plan of action for improvement.
  
- E. accepts individual responsibility and accountability for nursing interventions, outcomes and other actions.
- F. exhibiting a positive and respectful attitude when interacting with interdisciplinary team members, faculty, and fellow students.
- G. describing own strengths, limitations, and values in functioning as a member of a team.

**TIME:** 8 hours

### **STUDENT ACTIVITIES:**

1. Prior to clinical day, study clinical objectives. Contact instructor for clarification if needed.
2. Review skills necessary utilizing textbooks regarding: pediatric medication calculation, preparation, administration and IV therapy (priming tubing, starting IV, etc.)
3. Practice in A.D.N. lab as needed.
4. Before the clinical experience the student will:
  - a. View:
    - A.D.N./NUR 128 - Orientation to OB
    - A.D.N./NUR 50 - Assessment of Respiratory Distress
    - A.D.N. - Physical Exam of the Normal Newborn
    - A.D.N./NUR 45 - Better Breast Feeding
    - A.D.N./NUR 74 - Newborn Stabilization & Care
  - b. Thoroughly study the nursery section of the Maternal-Newborn clinical manual. Be able to discuss **in detail** information found in the nursery section of the OB Manuel and videos. **Failure to be adequately prepared for clinical will be addressed according to the guidelines found in the A.D.N. Student Handbook.**
5. Complete the following prior to clinical and submit during pre-clinical conference:
  1. Time schedule
  2. Four (4) priority/potential nursing diagnoses
  3. Preclinical manager SIM chart medication assessment print-out for all five required medications.
  5. Report to the 4<sup>th</sup> floor at Vaughan Regional Hospital at the assigned time for preclinical conference.
7. Give care to assigned newborn based on the clinical objectives.
8. Consistently demonstrate defined critical behaviors.
9. Keep instructor informed as to your activities and need for assistance.
10. Assist in taking all newborns to mothers at feeding times (9a, 1p, 5p, 9p).
11. Make rounds to mother's room during feeding time to assess for and provide needed emotional or educational support.
12. Assist with feeding any newborns remaining in the nursery.
13. Follow dress code as described in the Maternal-Newborn clinical manual.
14. Report off to nurse at designated time utilizing SBAR report form. One copy of the form should be given to the nurse and the other submitted to the instructor.
15. Document skills observed/performed on the Clinical Skills Documentation Form and submit to instructor at the end of day during post-conference

16. Submit all required **SimChart** documentation to instructor via **SimChart Drop** Box prior to **8:30am** as specified below. This includes:
1. Admission History
  2. Special Charting
    - a. Delivery Room Record
    - b. Newborn Assessment
    - c. Vital Signs
    - d. Patient Teaching

**REMEMBER:** Once the document is submitted in SIM Chart, no changes can be made.

**Clinical Day**

Thursday/Friday

Saturday

Sunday

**Assignment Due**

Monday

Tuesday

Wednesday

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